



St Francis' Catholic Primary School
Maryland Park
Stratford
London E15 1HB

Tel: 020 8534 0476

Email: info@st-francis.newham.sch.uk

Website: www.st-francis.newham.sch.uk

6th March 2017

Dear Parent/Carer,

Lenten Reflection

This Sunday's gospel reading reminded us of Jesus' temptation in the desert **Matthew 4 1-11**. Jesus' battle shows us that temptation is a part of life that cannot be avoided. But we can be prepared to deal with the challenges of temptation by being strong in the word of our Lord.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

CAFOD - Turn little fish into Big fish

This year's CAFOD Lent appeal reminds us that many are struggling to earn a living so do not have enough money to meet their basic needs such as food, housing and clothing. CAFOD is raising money to train families around the world who are unable to meet basic needs such as food, housing and clothing, to set up small businesses in order to learn a living.

During assembly on Wednesday the children will learn about Florence in Zambia, who, through CAFOD, has created a thriving business selling fish, so she can buy the things she needs and send her children to school. Not only that, she has taught others in her community to do the same.

This Friday is **Lent Fast Day** and we are reminded that Lent is a time when we look at our lives and what we've done. We try to make our relationship with God better. We say sorry to God for what we have done wrong and we try to make a change to our lives to make the world a better and fairer place for everyone. The children will receive their CAFOD Lent envelopes on Friday to begin their fundraising activities. The envelopes should be returned by **Friday 31st March 2017**.

Whatever you are able to raise will make a big difference, helping the poorest communities around the world to feed their families and make a living.



Newham London



Headteacher: Ms Natasha Scott

Peace, Love, Knowledge



Book Week

The children enjoyed a fantastic book week celebration last week. Thank you to all the parents who support the book character dress up day on Friday, the children were very excited and had great fun!

Class Assembly

There will be a class assembly for **4C on Friday, 10th March 2017 at 9:05 am**; parents with children in this class are warmly welcome.

There will be a class assembly for **1A on Friday, 17th March 2017 at 9:05 am**; parents with children in this class are warmly welcome.

N. Scott
Head Teacher



Newham London



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