

Week 1

WEEK COMMENCING: 29TH OCT/ 19TH NOV/ 10TH DEC/ 7TH JAN/ 28TH JAN/ 25TH FEB/ 18TH MAR/ 8TH APR

MONDAY

Chicken Sausages with Mash & Gravy

V Vegetarian Sausages with Mash & Gravy

V Jacket Potato with Cheese

Carrots
Leeks & Green Beans

Apple Crumble with Custard

TUESDAY

Beef Pasta Bolognese

V Tomato & Basil Tart with New Potatoes

V Jacket Potato with Vegetable Bean Chilli

Broccoli
Roast Vegetables

Sticky Toffee Pudding with Custard

WEDNESDAY

Roast Chicken with Roast Potatoes, & Gravy

V Lentil & Sweet Potato Curry with Rice

V Jacket Potato with Baked Beans

Honey Glazed Parsnips
Wilted Greens

Frozen Strawberry Yoghurt

THURSDAY

Meat Feast Pizza

V Vegetarian Bolognese Pizza

V Jollof Rice

Red Fruity Coleslaw
Sweetcorn, Carrots & Courgette

Orange Jelly with Mandarins

FRIDAY

 Fish Fingers & Chips

V Cheese & Onion Quiche with Chips

V Jacket Potato with Coleslaw

Baked Beans
Vegetable Medley

Fruity Flapjack

Week 2

WEEK COMMENCING: 5TH NOV/ 26TH NOV/ 17TH DEC/ 14TH JAN/ 4TH FEB/ 4TH MAR/ 25TH MAR

MONDAY

Chilli Con Carne with Rice

V Macaroni Cheese

Jacket Potato with Salmon Mayo

Aubergine Bake
Green Beans

Banana Cake

TUESDAY

Jerk Chicken with Rice & Peas

V Bean & Vegetable Chilli with Rice

V Jacket Potato with Cheese

Baked Cauliflower
Spinach

Apple & Berry Crumble with Custard

WEDNESDAY

Roast Gammon with Roast Potatoes & Gravy

V Vegetable & Butterbean Ragù with Roast Potatoes

V Jollof Rice

Braised Red Cabbage
Roasted Carrots

Pear & Vanilla Sponge with Custard

THURSDAY

BBQ Chicken Pizza

V Roasted Vegetable Pizza

V Vegetarian Pasta Bolognese

Coleslaw
Sweetcorn & Peppers

Lemon Shortbread

FRIDAY

 Battered Fish & Chips

V Mozzarella & Tomato Puff with Chips

V Jacket Potato with Baked Beans

Baked Beans
Peas

Banana & Chocolate Flapjack

Week 3

WEEK COMMENCING: 12TH NOV/ 3RD DEC/ 30TH DEC/ 21ST JAN/ 11TH FEB/ 11TH MAR/ 1ST APR

MONDAY

BBQ Chicken with Sweet Potato Mash

V Vegetarian Goan Curry with Rice

V Jacket Potato with Baked Beans

Cauliflower Rice
Wilted Greens

Eve's Pudding with Custard

TUESDAY

Curried Mumbai Meatballs with Cous Cous

V Broccoli & Cheese Quiche with Crushed Potatoes

V Jacket Potato with Vegetable Bean Chilli

Carrots
Braised Fennel

Peach Crumble with Custard

WEDNESDAY

Roast Pork with Roast Potatoes & Gravy

V Jollof Rice

V Jacket Potato with Tuna Mayo

Broccoli & Cauliflower Bake
Roasted Root Vegetables

Frozen Toffee Yoghurt

THURSDAY

Piri Piri Chicken Pizza

V Margherita Pizza

V Jacket Potato with Chickpea & Vegetable Balti

Fruity Coleslaw
Sweetcorn

Lemon Drizzle Cake

FRIDAY

 Breaded Fish & Chips

V Vegetable & Chickpea Jambalaya

V Jacket Potato with Cheese

Baked Beans
Vegetable Medley

Chocolate Cracknell



The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.

