

# Newham Educational Psychology Service



## Parent Advice Phone-In with an Educational Psychologist (EP)

The EPS Parent Advice sessions are offered to any Newham parent or carer who would like to discuss concerns about their child with an educational psychologist (examples may include: your child's emotional well-being, challenging behaviours, learning progress, your relationship with your child or some of your own worries). The sessions aim to be supportive, confidential, and informal. Each session is 40 minutes.

Please note these are stand-alone, one-off sessions that do not result in follow-up work. They are free sessions and open to all parents and carers of Newham children and young people. There is no criteria or threshold to access these sessions.

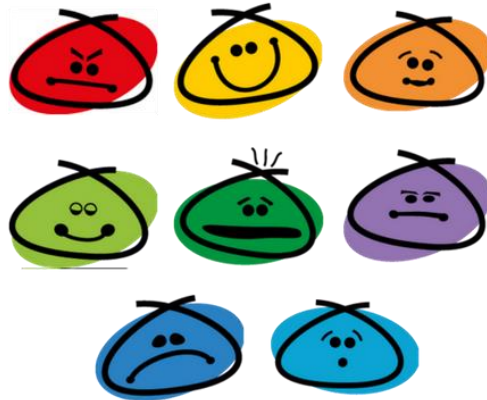
**Sessions will operate weekly starting: Tuesday 5<sup>th</sup> May**

**To book a session email or phone**

**[sarah.parkinson@newham.gov.uk](mailto:sarah.parkinson@newham.gov.uk)**

**Mob: 07976 733536**

**Book early to avoid disappointment**



**Who are Educational Psychologists?** Educational psychologists are trained psychologists, registered with the Health and Care Professionals Council (HCPC) with enhanced DBS checks. We work with children and young people aged 0-25 years of age in partnership with young people, families, schools, practitioners, services and voluntary agencies. EPs offer focused support informed by sound psychological theory to bring about positive change. The aim is to promote and facilitate the educational, social and emotional development of children and young people.

**What do Newham Educational Psychologists do?** Newham's Educational Psychology Service (EPS) offer psychological services including consultation, advice and training. Newham EPS input aims to support children and young people to help facilitate their development, including improving learning, understanding their own learning needs, identifying, managing and exploring their emotions, regulating their behaviours, developing their communication and interaction skills and forming and maintaining positive peer relationships. Working with adults who support young people is central to our model of working.

