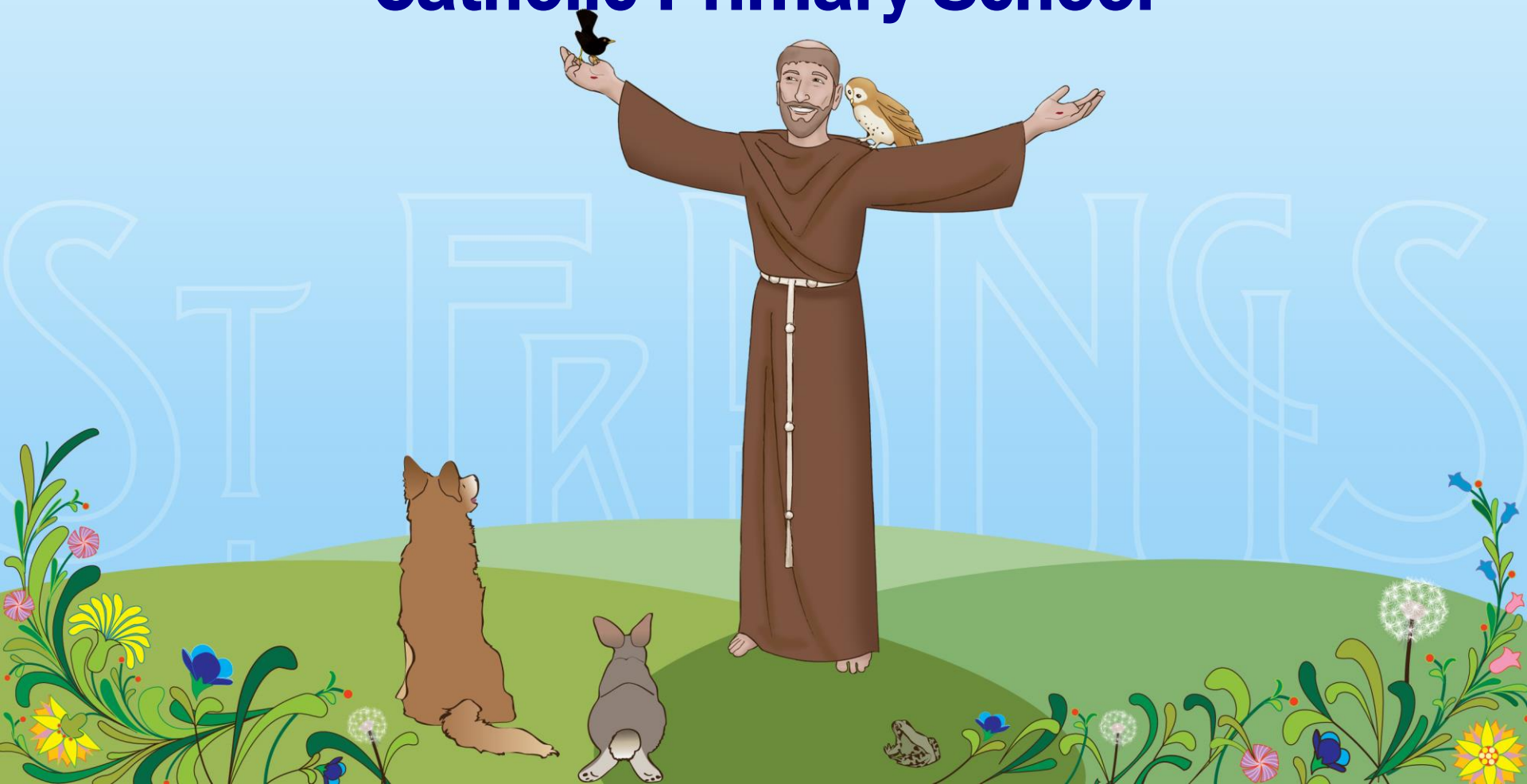




ST FRANCIS' CATHOLIC PRIMARY SCHOOL

Understanding Relationships, Sex and Health Education in St Francis' Catholic Primary School





Rationale

Here at St Francis' and in all other primary schools, we want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships, and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated - these changes bring the content into the 21st century, so that it is relevant for your child.

As a part of the mission of Catholic schools which is to educate the whole person, Sex Education forms a part of our curriculum. The Sex Education curriculum has as its foundational premise the belief that we are made in the image and likeness of God, and as a consequence, gender and sexuality are God's gifts, reflect God's beauty and share in the divine creativity. Therefore our curriculum here at St Francis' is Relationships, Sex and Health Education -RSHE





Our Curriculum

The structure of the RSHE curriculum:

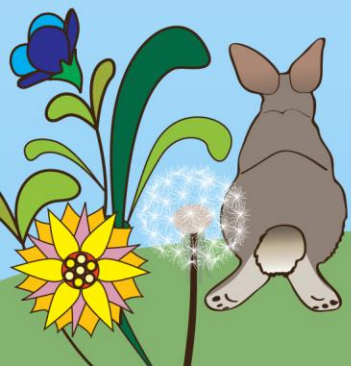
Our curriculum is based on three core themes it is adaptable to the age and ability of the pupils.

The three themes are Education in Christian virtue, religious understanding and RSHE.

Created and loved by God. Explores the individual relationship with others

Created to love others. The individual's relationship with others

Created to live in community. The relationship between individuals and the wider world.



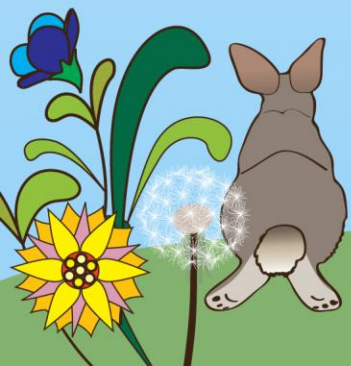


Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Children will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, and mainly through our Religious Education and e-safety curriculum, children will cover how to treat each other with kindness, consideration and respect

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe



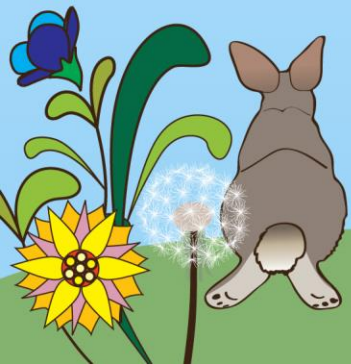


Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise. The Science curriculum along with planned focus weeks such as Citizenship and Wellbeing Weeks will support children's understanding.

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body





Sex Education

To be made in the image of God means to be a person in relationship with others. It is in this context that our sexuality grows and develops from the moment of our conception. Our Sex Education curriculum follows the programme 'A Journey in Love' as directed by the Brentwood Diocese.

In order that children may grow and develop healthy and holistically towards an understanding of their gender and its implications for successful relationships, they must be at ease with themselves and grow in self-knowledge.

An aspect of the mystery of love is presented in each year group through a series of developmental tasks activities and reflections:

Nursery: Wonder at God's love

Reception: God loves each of us in our uniqueness

Year 1: God's love in our family

Year 2: We meet God in our community

Year 3: How we live in Love

Year 4: God loves us in our differences

Year 5: God loves me in my changing and development

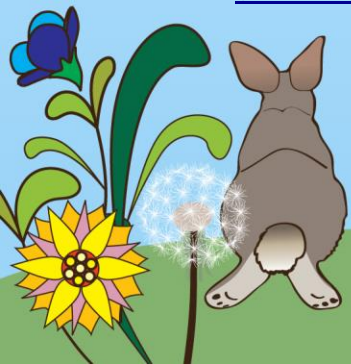
Year 6: The wonder of God's love in creating new life.





Purpose of the Consultation

- ❖ *As a school, we would always want to deliver a curriculum which has the support of the vast majority, if not all, parents.*
- ❖ *We believe that children will accept information which is given to them in small chunks over time and at an age appropriate level more easily than information which is 'kept secret' until they are in Year 6.*
- ❖ *We recognise that children need an increasing level of skill to deal with the modern world and the impact of social networking, advertising and media. Schools and parents have a responsibility to give a positive message which builds children's resilience to the negative messages they may encounter through the media.*
- ❖ *We would want all pupils to grow with the knowledge of natural changes before they happen, as some pupils can encounter puberty at a relatively young age. For example, while the average age for a girl to begin menstruation in the UK is 12, many begin in Y6 and some in Y5. Less commonly, girls can begin their periods from 8 yrs old.*





Thank you

- ❖ As part of the consultation we would appreciate your **views** and comments. Please complete the **Google Form**.
- ❖ If you would like to read more on the DfE guidance for parents, please use the following link:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

- ❖ If you have any questions you will have the opportunity to submit these with the form.
- ❖ If you wish to discuss any of the points in detail, please join us in a webinar meeting on **Friday 10th July** at either **10am** or **2pm** using the link below.

