



Bread



*a divine gift, a symbol of generosity
and sharing*

What is bread?

When the earliest agricultural activities began in the Middle East, bread became a staple food, essential for life.



In Christianity, it became one of the most important symbols. It was **a divine gift, a symbol of generosity and sharing.**

A symbolic value

In Christianity, bread is one of the most powerful symbols.

It is found in the Lord's Prayer:

“Give us this day our daily bread.”

Christian prayer is a request

for both actual and spiritual food.

The Lord's Prayer

Matthew 6:9-13

Our Father which art in heaven,
Hallowed be thy name.

Thy kingdom come, Thy will be done
in earth, as it is in heaven.

Give us this day our daily bread.

And forgive us our debts,
as we forgive our debtors.

And lead us not into temptation,
but deliver us from evil:

For thine is the kingdom, and the
power, and the glory, for ever. Amen.

A gift from God

When Moses fed his people in the desert with food which fell from heaven



Exodus 16:4-21

A gift from God

When Jesus multiplied the bread to feed the crowd, bread became a sign of sharing. It also symbolised the Word of God which nourished the crowds.



Matthew 14:13-21

A gift from God

During the last supper, when bread became the body of Christ



Matthew 26:26-29

Bread and our relationship with God

- We need bread for sustenance. Our hunger also reminds us we depend on God who created food.
- Bread draws us together in fellowship.
- Bread has a significant meaning in our relationship with God.
- In the Bible, **faith**, **bread**, and **relationship** are all connected.