



St Francis' Catholic Primary School
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20th June 2022

Dear Parent/Carer,

Luke 9:11b-17

¹¹ but the crowds learned about it and followed him. He welcomed them and spoke to them about the kingdom of God, and healed those who needed healing.

¹² Late in the afternoon the Twelve came to him and said, "Send the crowd away so they can go to the surrounding villages and countryside and find food and lodging, because we are in a remote place here."

¹³ He replied, "You give them something to eat."

They answered, "We have only five loaves of bread and two fish—unless we go and buy food for all this crowd."¹⁴ (About five thousand men were there.)

But he said to his disciples, "Have them sit down in groups of about fifty each."¹⁵ The disciples did so, and everyone sat down. ¹⁶ Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke them. Then he gave them to the disciples to distribute to the people. ¹⁷ They all ate and were satisfied, and the disciples picked up twelve basketfuls of broken pieces that were left over.

Mother Teresa said about Jesus, 'he uses us to be his love and compassion in the world in spite of our weaknesses and frailties.' In this miracle, Jesus does not produce food out of nowhere. He takes the little that the apostles have, and he multiplies it a thousand-fold. No matter how little we think we have to give, once we freely place my gifts in Jesus' service they become limitless.

Mrs Lawal-Abifade

The generosity and the support from the school community this past week has been exceptional. Thank you to the parents who attended the Songs of Praise service on Wednesday evening and the Thanksgiving service at The City of London Ceremony on Thursday morning. The generous donations from parents and staff has been passed on to the family. They are overwhelmed by the support from the school community.

Travel Disruption

As you may be aware there is going to be widespread travel disruption this week. There is a tube strike on Tuesday which will last for 24hours, with tube lines still being effected on Wednesday morning.

There is also a rail strike on Tuesday and Thursday; this will also affect the Elizabeth Line and London Overground.

Please remember that as a result, buses will be busier and students may not get on the first one that comes. Roads will be busier and there will be more traffic, so all journeys will take longer.



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Well-being Week

This week we are celebrating well-being week! The theme this year is *Eat Well-Be Well*. The children will take part in a variety of activities over the week to support a healthy mind, body and spirit:

- Healthy eating
- Physical well-being
- Healthy relationships with God and others

During this week we will be talking to children about the importance of vegetables for us to eat well - be well. We will encourage the children to try the vegetables that we have on offer during lunch:

- Curly Carrot -Monday
- Pretty Peppers -Tuesday
- Crunchy Broccoli- Wednesday
- Unbeatable Beetroot -Thursday
- Courageous Cauliflower- Friday

RSHE Week

From September 2020, it is statutory for all primary schools to teach relationships and health education. Relationships and health are usually covered in general everyday classroom learning, in assemblies and sometimes in science (e.g healthy eating). Increasingly, learning about online safety touches on these issues also. RSHE is the lifelong learning about physical, moral and emotional development.

For the teaching of RSE we use a programme called *Journey in Love*. This was co-written by by Sr. Jude (Former Diocesan Religious Education Advisor) the programme teaches that:

- The journey begins at the moment of our conception - **God is at the heart of love**
- Puberty can be an extremely confusing time for children, our message will be that *even in this confusion, God is there*
- The Sacrament of marriage publicly declares the commitment of each spouse to the other permanently in the acknowledgement that it is **God-given**

Please see attached parent guide about the teaching of RSHE at St Francis'.

Sports Days 2022

Wednesday, 22nd June 2022 - EYFS Sports Day at St. Francis' School

Thursday, 23rd June 2022 - KS1 Sports Day at St Francis' School

Friday, 24th June 2022 - KS2 Sports Day in West Ham Park

Sports Day starts at 9:30 each day; parents are warmly invited to attend. Children should attend school in their full PE kits for the day (please see information below about appropriate PE kit).

International Weeks

This year our annual International Weeks celebration will be from 20th June to 1st July. Over these two weeks the children will be looking at the culture of various countries including the history, food, music,



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etc. This will culminate in our **International Celebration on Friday, 1st July 2022 from 6:00 p.m.** We are asking parents to support us by ensuring that the child(ren) return to school at 5:30 in order to change into their costumes and get into their appropriate groups.

The Nursery and Reception children will have their International Celebration on Friday, 1st July 2022 from 2:30 pm.

Foundation Governors

Are you interested in being a foundation governor at St Francis' Catholic Primary School? Being a Governor is a rewarding and effective way of making a voluntary contribution to your community and to the lives of local young people. A foundation governor is appointed by the local Bishop to represent his education policy in his school. They preserve and develop the Catholic ethos of the school.

What are Governors?

Governing Bodies are strategic leaders in schools. Governors meet a minimum of twice a term and include parents, teachers and support staff at the school, local council representatives, community representatives, and Foundation Governors. The Head Teacher is accountable to the Governing Body whose role is to set the aims & objectives of the school (together with the Head Teacher) in line with national guidelines and to monitor progress.

Have you got?

- An interest in our children's future
- Time, energy and enthusiasm
- A desire to make a difference
- Readiness to accept responsibility
- An ability to work as a team
- Are you happy to ask questions, listen and learn?

If you are interested in becoming a foundation governor please contact the school office at info@st-francis.newham.sch.uk to arrange a time discuss your interest further.

School Uniform

At this time of the year parents often begin to organize school uniforms for the next academic year. If you have any nearly new uniform that your child has outgrown, we would ask you to donate it to the school so another child is able to make use of it. Please bring any nearly new uniform donations to the school office.

Cost of Living Crisis

We recognize that these are difficult times for families and want to support as best as we can. We would encourage parents to check our Parent Advice and Support section of the school's website for useful information about legal advice, housing advice and local food banks.

<https://st-francis.newham.sch.uk/parents-carers/advice-and-support/>

We do not want any of our families to deal with the strain of the current cost of living on their own please come to the office to arrange and appointment with an appropriate member of staff.



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Coronavirus Update

From 1st April the Coronavirus guidance changed. Please check the NHS website for the most up to date guidance.

While you're no longer legally required to self-isolate if you have COVID-19, you should try to stay at home and away from others to avoid passing on the virus.

How long to stay at home and away from others if you've tested positive for COVID-19?

If you have COVID-19, you can pass on the virus to other people for up to 10 days from when your infection starts. Many people will no longer be infectious to others after 5 days.

You should:

- try to stay at home and avoid contact with other people for 5 days
- avoiding meeting [people at higher risk from COVID-19](#) for 10 days, especially if their immune system means they're at higher risk of serious illness from COVID-19, even if they've had a COVID-19 vaccine

This starts from the day after you did the test.

If you have symptoms of COVID-19, and a high temperature or do not feel well enough to go to work or do your normal activities

You should:

- try to stay at home and avoid contact with other people
- avoid meeting [people at higher risk from COVID-19](#), especially if their immune system means they're at higher risk of serious illness from COVID-19, even if they've had a COVID-19 vaccine
-

You can go back to your normal activities if you:

- feel well enough to do so
- do not have a high temperature

God Bless,



N. Scott
Head Teacher



Newham London



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