

	<b>Module 1</b> <i>Created and loved by God</i>	<b>Module 2</b> <i>Created to love others</i>	<b>Module 3</b> <i>Created to live in Communities</i>
EYFS	<p align="center"><b>Unit 1</b></p> <p><b>Religious Understanding</b>  <b>Handmade with Love</b>  <i>We are created individually by God as part of His creation plan</i>  <i>We are all God's children and are special</i>  <i>Our bodies were created by God and are good</i>  <i>We can give thanks to God!</i></p> <p align="center"><b>Unit 2</b></p> <p><b>Me, my body, my health</b>  <b>I am Me</b>  <i>-We are each unique, with individual gifts, talents and skills</i>  <b>Heads, Shoulders, Knees and Toes</b>  <i>-Our bodies are good and made by God</i>  <b>Ready Teddy</b>  <i>-Our bodies are good and we need to look after them</i></p> <p align="center"><b>Unit 3</b></p> <p><b>Emotional Wellbeing</b>  <b>I Like, You Like, We All Like!</b>  <i>-We all have different tastes ( likes and dislikes)</i>  <b>Good Feelings, Bad Feelings</b>  <i>-Everyone experiences feelings</i>  <i>-Simple strategies for managing feelings</i>  <b>Let's Get Real</b>  <i>-Strategies for managing emotions and behaviours</i>  <i>-We have choices and these are important</i>  <i>-We can say sorry and forgive like Jesus</i></p> <p align="center"><b>Unit 4</b></p> <p><b>Life Cycles</b>  <i>There are natural life stages from birth to death</i></p>	<p align="center"><b>Unit 1</b></p> <p><b>Religious Understanding</b>  <b>Role Model</b>  <i>- We are part of God's family</i>  <i>- We should love other people in the same way God loves us</i></p> <p align="center"><b>Unit 2</b></p> <p><b>Personal Relationships</b>  <b>Who's Who's</b>  <i>To identify special people (e.g. parents, carers, friends) and what makes them special</i>  <i>The importance of being close to and trusting of 'special people'</i>  <b>You've Got a Friend in Me</b>  <i>- How their behaviour affects other people and that there is appropriate and inappropriate behaviour</i>  <i>About different types of teasing and that all bullying is wrong and unacceptable</i>  <b>-Forever Friends</b>  <i>To recognise when they have been unkind to others and say sorry.</i>  <i>To recognise when people are being unkind to them and others and how to respond.</i>  <i>That we should forgive like Jesus forgives</i></p> <p align="center"><b>Unit 3</b></p> <p><b>Keeping Safe</b>  <b>Safe Inside and Out</b>  <i>- They can ask for help from their special people</i>  <b>My Body, My Rules</b>  <i>To know they are entitled to bodily privacy</i>  <i>That there are different people we can trust for help, especially those closest to us who care for us</i>  <b>-Feeling Poorly</b>  <i>Medicines are not sweets.</i>  <i>Medicines should only be taken when a parent or doctor gives them to us.</i>  <b>People Who Help Us</b>  <i>- There are lots of jobs designed to help us.</i>  <i>- Paramedics help us in a medical emergency</i></p>	<p align="center"><b>Unit 1</b></p> <p><b>Religious Understanding</b>  <b>God is Love</b>  <i>-That God is love: Father, Son and Holy Spirit</i>  <i>-That being made in His image means being called to be loved and to love others</i>  <b>-Loving God, Loving Others</b>  <i>What a community is, and that God calls us to live in community with one another</i>  <i>Some Scripture illustrating the importance of living in a community</i>  <i>No matter how small our offerings, they are valuable to God and He can use them for His glory.</i></p> <p align="center"><b>Unit 2</b></p> <p><b>Living in the wider world</b>  <b>Me, You, Us</b>  <i>- That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community</i>  <i>- That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc.</i>  <i>- That we have a duty of care for others and for the world we live in (charity work, recycling, etc.)</i>  <i>- What harms and what improves the world in which they live</i></p>

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Year 1	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b>  <b>Let the Children Come</b>  - God wants us to talk to Him often through the day and treat Him as our best friend  - We can give thanks to God in different ways.</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Me, my body, my health</b>  <b>I am Unique (Me)</b>  - To learn that we are unique, with individual gifts, talents and skills</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Emotional Wellbeing</b>  <b>Feelings, Likes and Dislikes</b>  - That it is natural for us to relate to and trust one another  - That we all have different ‘tastes’ (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc);  A language to describe our feelings</p> <p style="text-align: center;"><b>Unit 4</b></p> <p><b>Life Cycles</b>  <b>The Cycle of life</b>  - Children will know and appreciate that there are natural life stages from birth to death, and what these are.</p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b>  <b>God Loves You</b>  - We are part of God’s family  - Saying sorry is important and can mend friendships  - We should love other people in the same way God loves us.</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Personal Relationships</b>  <b>Special People</b>  - To identify ‘special people’ (their parents, carers, friends, parish priest) and what makes them special  - The importance of being close to and trusting special people and telling them if something is troubling them.</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Keeping Safe</b>  <b>Being safe</b>  - To understand safe and unsafe situations, including online.  <b>Good Secrets and Bad Secrets</b>  - The difference between ‘good’ and ‘bad’ secrets and that they can and should be open with ‘special people’ they trust  - How to resist pressure when feeling unsafe</p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b>  <b>Three in One</b>  - That God is love: Father, Son and Holy Spirit  - That being made in God’s image means being called to be loved and to love others</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Living in the wider world</b>  <b>The Communities We Live In</b>  - That they belong to various communities such as home, school, parish, the wider local community, nation and global community  - That we have a duty of care for others and for the world we live in (charity work, recycling, etc.)  - What harms and what improves the world in which they live</p>

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Year 2	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>This is me</b> <i>-Can explain why God made them</i></p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Me, my body, my health</b> <b>Girls &amp; Boys (My Body)</b> <i>Our bodies are good</i> <i>Girls and boys have been created by God to be both similar and different - these differences are physical, emotional and spiritual and together make up the richness of the human family</i></p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Emotional Wellbeing</b> <b>Feeling Inside Out</b> <i>Children will have a basic understanding that feelings and actions are two different things, and that our good actions can 'form' our feelings and our character.</i></p> <p><b>Super Susie Gets Angry</b> <i>- Simple strategies for managing feelings and for good behaviour</i> <i>- That choices have consequences; that when we make mistakes we are called to receive forgiveness and to forgive others when they do</i> <i>- That Jesus died on the cross so that we would be forgiven</i></p> <p style="text-align: center;"><b>Unit 4</b></p> <p><b>Life Cycles</b> <b>(Session 2-Beginning and end*)</b> <i>-Children will know and appreciate that there are natural life stages from birth to death, and what these are.</i></p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>God made me</b></p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Personal Relationship</b> <b>And Say sorry</b> <i>-To recognise when they have been unkind and say sorry</i> <i>-To know that when we are unkind to others, we hurt God also and should say sorry to him as well</i> <i>-To know that we should forgive like Jesus forgives</i></p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Keeping Safe</b> <b>Physical Contact</b> <i>- To know that they are entitled to bodily privacy</i> <i>- That there are different people we can trust for help, especially those closest to us who care for us, including our parents or carers, teachers and our parish priest</i></p> <p><b>Can You Help Me?</b> <i>- They should call 999 in an emergency and ask for ambulance, police and/or fire brigade</i> <i>-to recognise that basic first aid can be used instead of calling 999</i></p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>Who is my Neighbour?</b> <i>- To know what a community is, and that God calls us to live in community with one another</i> <i>- A scripture illustrating the importance of living in community as a <b>consequence</b> of this</i> <i>- Jesus' teaching on who is my neighbour</i></p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Living in the wider world</b> <i>One small act of kindness</i></p>

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Year 3	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>The Sacraments</b> <i>That in Baptism God makes us His adopted children and 'receivers' of His love.</i></p> <p style="text-align: center;">-</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Me, my body, my health</b> <b>We Don't Have To Be The Same</b> - Similarities and differences between people arise as they grow and make choices, and that by living and working together ('teamwork') we create community Self-confidence arises from being loved by God (not status, etc). -</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Emotional Wellbeing</b> <b>What am I feeling</b> <i>-That emotions change as they grow up</i> <i>-Positive actions help emotional well-being (beauty, art, etc. lift the spirit)</i> <i>-Talking to trusted people help emotional well-being (eg parents/carer/teacher/parish priest)</i></p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>Jesus, my friend</b> <i>-That Jesus loves, embraces, guides, forgives and reconciles us with him and one another</i> <i>-The importance of forgiveness and reconciliation in relationship</i></p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Personal Relationships</b> <b>Friends, Family and Others...</b> <i>-strategies to use when relationships go wrong</i> <i>-That there are different types of relationships including those between acquaintances, friends, relatives and family</i></p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Keeping Safe</b> <b>Sharing Online</b> <i>-How to use technology safely</i> <i>-To recognise that their increasing independence brings increased responsibility to keep themselves and others safe</i> <i>-That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others</i> <i>-How to report and get help if they encounter inappropriate materials or messages.</i></p> <p><b>Chatting online</b> <i>-That bad language and bad behaviour are inappropriate</i></p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>A Community of Love</b> <i>-God is Love as shown by the Trinity – a 'communion of persons supporting each other in their self-giving relationship'</i> <i>-The human family is to reflect the Holy Trinity in mutual charity and generosity</i></p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Living in the wider world</b> <b>How Do I Love Others?</b> <i>-To know that God wants His Church to love and care for others</i> <i>-To devise practical ways of loving and caring for others</i></p>

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Year 4	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>Get Up!</b> - We are created individually by God who is Love, designed in His own image and likeness - In Baptism God makes us His adopted children and 'receivers' of His love; by receiving the Sacrament of Reconciliation, we develop good habits</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Me, my body, my health</b> <b>Respecting Our Bodies</b> - About the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Emotional Wellbeing</b> <b>I am thankful</b> -Some behaviours are wrong, unacceptable, unhealthy and risky -Thankfulness builds resilience against feelings of envy, inadequacy and insecurity, and against pressure from peers and the media</p> <p style="text-align: center;"><b>Unit 4</b></p> <p><b>Life Cycles</b> <b>A time for everything</b> -That throughout their lives human beings act at three integrated levels: physical, psychological and spiritual</p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>Friendship Cake</b> -to have a further understanding of friendship</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Personal Relationships</b> <b>When Things Feel Bad</b> -Develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying -Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Keeping Safe</b> <b>Safe in my body</b> -To judge well what kind of physical contact is acceptable or unacceptable and how to respond -That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and parish priest</p> <p><b>Drugs, Alcohol and Tobacco</b> -Medicines are drugs, but not all drugs are good for us -Alcohol and tobacco are harmful substances -Our bodies are created by God, so we should take care of them and be careful about what we consume</p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>What is the Church?</b> -That the human family is to reflect the Holy Trinity in mutual charity and generosity -The Church family comprises of home, school and parish (which is part of the diocese).</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Living in the wider world</b> <b>Love in active</b> -To be able to name different charities and have contributed to different charities</p>

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Year 5	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>Calming the Storm</b> - We were created individually by God who cares for us and wants us to put our faith in Him - Physically becoming an adult is a natural phase of life - Lots of changes will happen during puberty and sometimes it might feel confusing, but it is all part of God's great plan and the results will be worth it!</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Me, my body, my health</b> <b>Gifts and Talents</b> - Similarities and differences between people arise as they grow and mature, and that by living and working together ('teamwork') we create community - Self-confidence arises from being loved by God</p> <p><b>Girls' Bodies</b> - That human beings are different to other animals - About the unique growth and development of humans, and the changes that girls will experience during puberty - About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately - The need for modesty and appropriate boundaries</p> <p><b>Boys' Bodies</b> - That human beings are different to other animals - About the unique growth and development of humans, and the changes that girls will experience during puberty - About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately - The need for modesty and appropriate boundaries</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Emotional Wellbeing</b> <b>Body Image</b> - To recognise that images in the media do not always reflect reality and can affect how people feel about themselves - Thankful for what they have been given by God</p> <p><b>Peculiar Feelings</b> - To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action - To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action.</p> <p style="text-align: center;"><b>Unit 4</b></p> <p><b>Life Cycles</b> <b>Menstruation</b> - About the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life - Some practical help on how to manage the onset of menstruation.</p> <p><b>Making Babies (Part One)</b> - How a baby grows and develops in its mother's womb</p>	<p style="text-align: center;"><b>Unit 1-</b></p> <p><b>Religious Understanding</b> <b>Is God Calling You?</b> - To know that God calls us to love others - To know ways in which we can participate in God's call to us</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Personal Relationships</b> <b>Under Pressure</b> - Pressure comes in different forms, and what those different forms are - There are strategies that they can adopt to resist pressure</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Keeping safe</b> <b>Sharing Isn't Always Caring</b> - How to use technology safely - To recognise that their increasing independence brings increased responsibility to keep themselves and others safe - That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others - How to report and get help if they encounter inappropriate materials or messages.</p> <p><b>Cyberbullying</b> - What the term cyberbullying means and examples of it - What cyberbullying feels like for the victim - How to get help if they experience cyberbullying</p> <p><b>Types of Abuse</b> - To judge well what kind of physical contact is acceptable or unacceptable and how to respond - That there are different people we can trust for help, especially those closest to us who care for us, including parents, teachers and priests.</p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>The Trinity</b> - Children will know that God is Trinity - a community of persons; - Children will know that the Church is the Body of Christ.</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Living in the wider world</b> <b>Popcorn Prayer</b> - celebrate some of the ways in which God's love is at work in the world</p>

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Year 6	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>A Faithful God</b></p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Me, my body, my health</b> <b>Spots &amp; Sleep</b></p> <p>- How to make good choices that have an impact on their health: rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Emotional Wellbeing</b> <b>Seeing Stuff Online</b></p> <p>- The difference between harmful and harmless videos and images - The impact that harmful videos and images can have on young min - Ways to combat and deal with viewing harmful videos and images</p> <p style="text-align: center;"><b>Unit 4</b></p> <p><b>Life Cycles</b> <b>Making Babies (Part Two)</b></p> <p>- Basic scientific facts about sexual intercourse between a man and woman - The physical, emotional, moral and spiritual implications of sexual intercourse - The Christian viewpoint that sexual intercourse should be saved for marriage</p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>Talking to God</b></p> <p>-An increased range and ways of talking to God - Talking to God can be a natural and habit-forming way of prayer</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Personal Relationships</b> <b>Do You Want a Piece of Cake?</b></p> <p>- Understand what consent and bodily autonomy means - Discuss and reflect on different scenarios in which it is right to say 'no'</p> <p style="text-align: center;"><b>Unit 3</b></p> <p><b>Keeping safe</b> <b>Self-Talk</b></p> <p>- Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actions - Apply this approach to personal friendships and relationships</p> <p><b>Impacted Lifestyles</b></p> <p>- Understand the effect that a range of substances including drugs, tobacco and alcohol can have on the body - Learn how to make good choices about substances that will have a positive impact on their health - Know that our bodies are created by God, so we should take care of them and be careful about what we consume</p> <p><b>Making Good Choices</b></p> <p>- Recognise how they may come under pressure when it comes to drugs, alcohol and tobacco -Learn that they are entitled to say "no" for all sorts of reasons, but not least in order to protect their God-given bodies</p> <p><b>Giving Assistance</b></p> <p>-Understand and receive simple first Aid Training - The recovery position can be used when a person is unconscious but breathing</p>	<p style="text-align: center;"><b>Unit 1</b></p> <p><b>Religious Understanding</b> <b>Catholic Social Teaching</b></p> <p>- Children will develop a deeper understanding of the principles of Catholic Social Teaching</p> <p style="text-align: center;"><b>Unit 2</b></p> <p><b>Living in the wider world</b> <b>Reaching Out</b></p> <p>- Pupils will learn to apply the principles of Catholic Social Teaching to current issues - Pupils will find ways in which they can spread God's love in their community</p>